

It's the little things that add up to a big difference!

ENERGY & WATER

- Turn off lights, stereos, computers, and TVs when not in use
- Unplug recharging cords when not in use
- To save water, turn off faucets when they don't need to be on (while scrubbing, brushing or lathering)
- Take shorter showers
- Install a low-flow shower head and toilet
- Install a tankless water heater
- Use clothes- and dishwashers only when you have a full load
- Keep a watering can in the kitchen and bath; fill as you wait for the water to warm up and use for watering plants or filling animal bowls
- Sweep driveway rather than hose

TRANSPORTATION

- Take public transportation or carpool to reduce fuel and emissions
- Walk or ride a bike when you can — you'll save gas AND get fit!

FOOD

- Purchase sustainably harvested seafood
- Purchase local and sustainably grown fruits and vegetables

HOME & GARDEN

- Start a compost bin — you'll keep non-meat food scraps out of the landfill AND get great garden soil
- Use low or no-phosphate detergents to keep our water supply healthy
- Plant a garden using drought tolerant plants and add a drip irrigation system

ENVIRONMENT

- If you fish, collect hooks and line when you leave, and pick up trash
- When you walk your dog, take a bag so you can clean up and discard waste in a trashcan
- Leave parks and beaches cleaner than when you found them (take an extra garbage bag to pick up any trash left by others)

REDUCE, REUSE & RECYCLE

- Start a recycling program at your child's school or your office and include an educational component
- Always recycle old paint and used oil and antifreeze, and remember that antifreeze is deadly to animals
- Bring your own reusable bags to the grocery store, farmer's market, or any other shopping destination
- Bring a reusable mug to your favorite coffee shop
- Use and re-wash cloth rags for cleaning, rather than paper towels

- Use what napkins you need at restaurants, but don't take more than that
- Buy recycled (and recyclable) products whenever possible
- Seek out products with minimal packaging to reduce waste
- Buy in bulk to save money and reduce packaging
- Use reusable containers rather than disposable plastic and paper bags to keep them out of the landfill — use them to carry your lunch, bring home restaurant leftovers, or store items in the home or garage
- Use reusable cloth towels and napkins rather than disposable paper products
- Use reusable water bottles rather than disposable plastic bottles
- Reuse foam peanuts or take them to a shipping store (green foam peanuts are made from partially recycled content)
- Reuse gift bags, wrap, ribbons (just remember to remove old nametags)
- Re-gift judiciously; remove nametags and cards
- Share magazines, books and newspapers with a friend, or donate them to a library
- Recycle all glass, aluminum cans, bottles, paper and plastic that are accepted at your recycling facility